

Presentations



Treatments for Depression Focusing on Individual Symptoms

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Career

Undergraduate Education:

Apr/2001-Mar/2007 Keio University School of Medicine, Tokyo, Japan

Professional Experiences:

Apr/2007 Resident: Kameda Medical Center, Chiba, Japan

Apr/2009 Resident: Department of Neuropsychiatry, Keio University School of Medicine

Jul/2018 Research Fellow: Depression Clinical and Research Program, Department of Psychiatry, Massachusetts General Hospital

Apr/2021 Assistant Professor: Department of Neuropsychiatry, Kyorin University Faculty of Medicine

Medical Licenses:

Certified Psychiatrist/Instructor of the Japanese Society of Psychiatry and Neurology

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Designated Psychiatrist of the Japanese Mental Health and Welfare Law

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Award:

2016 Japanese Society of Clinical Neuropsychopharmacology, Paul Janssen Award

Grants:

2022-2024 Grant-in-Aid for Early-Career Scientists, Identification of biomarkers related with antidepressant effects of ketamine treatment: metabolomics

Abstract

The assessment of specific individual symptoms is essential for the accurate diagnosis and determination of the severity of depression. In clinical settings, discussing individual depressive symptoms between patients and healthcare professionals can greatly enhance the therapeutic relationship and provide a more comprehensive understanding of the condition. Despite this, prior research has not adequately examined the evolution of individual symptoms over the course of treatment for depression. To fully realize the potential of antidepressant medications, it would be crucial that treatment outcomes are evaluated using rating scales that specifically address individual depressive symptoms.